

Central Virginia Intergroup
Meeting Minutes November 1, 2020 at 7:00 PM via Zoom
Meeting results in **bold**

1. Welcome by **Catherine: meeting opened at 7:00 PM with the Serenity Prayer: Alice read the 12 Steps, Susie read the 12 Traditions and Catherine read Concept 11**
2. Introductions: **Catherine, Susie, Mark, Hope, Alice, Dianna, Bob and Julie**
3. Questions on these reports: **None**

Chair—Catherine:

1. Don't forget the Region 7 Virtual Convention Nov 6-8 on Zoom! You can attend all or part of the convention. See the schedule and registration information at oaregion7.org
2. Don't forget our Challenge--see the Events page on our website. Attend 10 different OA meetings and win a free copy of the new pamphlet "A Lifetime of Recovery!"

Vice Chair—Julie: no report- no updates

Treasurer—Sarah:

I won't be able to be at IG this month, but here is the [treasurer's report](#). All those third quarter donations came in, and we're rolling in it!

- At the beginning of the accounting period (9/21/20), we had 4465.45 in the bank.
- We had no expenses this month.
- We took in \$1519.20 in seventh tradition contributions this month.
- At the close of the accounting period (10/20), we had \$5984.65
- Less \$1000 prudent reserve
- Leave us with \$4984.65 available funds.

We agreed we would keep a comfortable cushion because of potential retreat expenses.

The [current budget](#) for the 2021 retreat if it is held in person is \$6620. We would make some or all of that back in registrations, but we have to front the money, usually in three installments.

Thanks to all, and please let me know if you have any questions.

Secretary—Hope:

Approval of previous month's minutes. **Motion presented and approved to accept the October minutes as written.**

Region Rep/WSO Delegate—Susie: no report. See New Business
Internal Communications—Becky: no report-**not present**

Telephone—Dianna: no report

Newsletter—Bob: no report- **Bob shared that he is continuing to transition to the new format of the newsletter to include links to our website. He is also experimenting with Adobe Acrobat as he believes this document format will enable easier access to inserting links. He asked for contributions to the newsletter.**

Website—Mark: the usual updates

12th Step Within—vacant:

Retreat—Kathryn: no report- **not present**

Public Information--vacant:

Fun and Fellowship—April: no report- **not present**

4. Old Business:

- a. Mark and Sarah put together a wonderful Newcomer page for the website! **Please announce at meetings that this information is available and refer any newcomers to this page. Bob will include in the newsletter a link to the Newcomer page.**

5. New Business:

- a. From Dianna, I would like to discuss having links on our website that people would be able to pay directly to WSO, Region 7 and CVIG eliminating treasurers until we return to face to face. Just a thought. NOVAIG has the info on their website. **Mark stated that there are already links on the CVIG website that enable a member to make contributions to Region 7 and WSO. There was discussion about making contributions to CVIG through our Debit bank account card. Susie will ask Sarah (Treasurer) about this possibility. This matter was tabled until our next IG meeting in December, so that we can gather information.**

- b. Mark's and Catherine's report from the Region 7 Assembly-**Mark and Catherine participated in the virtual Region 7 Assembly held**

on Oct. 16-18. Both participated in the Outreach Committee meeting and Business Meetings.

Mark shared that he was elected as a Co-Chair of the committee. He learned about Public Information (PI) resources that are available, such as, material on Google Docs and that scholarships are available to IGs for PI events. He reported that the committee is working on a virtual presentation about OA for Professionals.

Catherine shared about what occurred during the Business meetings, which included the following: election of the Region 7 Chair; a change relating to Scholarship Funds; a donation of \$20,000 to WSO was approved. Catherine also learned that the Central Jersey IG has been reaching out to Medical Schools in their areas. She would like to learn more about how this is being done and will contact a rep from Central Jersey. The Spring 2021 Region 7 Assembly will most likely be virtual.

c. New PI Videos- Catherine shared that WSO has new PI videos available on the OA.org website to view and download.

d. International Day of Experiencing Abstinence (IDEA Day) is scheduled for the weekend of Nov. 21-22. Does anyone have an interest in planning something? No one committed.

e. Meeting Updates: The Thurs. 11:30 AM meeting at Tomahawk Baptist Church, which had attempted to be a hybrid meeting, is now only a Zoom meeting and will be noted, as such on the website and newsletter. Meetings are to not be discouraged to having a hybrid format.

The new Tues. 5:30 PM meeting at Christ Episcopal Church will continue meeting through Nov. Then evaluate whether to close (due to lack of support) and reopen at a later time.

6. Closing: **The meeting was closed, with thanks to all who attended, at 7:36 PM with the “We” version of the Serenity Prayer.**

Our next Intergroup meeting will be Sunday December 6 at 7:00 PM via Zoom.