

Central Virginia Intergroup
Minutes for October 4, 2020 Meeting at 7:00 PM on Zoom
Meeting results in **bold**

1. Welcome by **Catherine: meeting opened at 7:00 PM with the Serenity Prayer. Mark read** the 12 Steps, **Kathryn read** the 12 Traditions and **Catherine read** Concept 10
2. Introductions: **Catherine, Kathryn, Mark, Sarah, Susie, Hope, Bob and Dianna**
3. Questions on these reports:

Chair—Catherine:

Region 7 is accepting applications to go to the 2021 WSBC. This is a special offer which happens only when Region 7 had only a few WSBC delegates the previous years. This person would be an additional delegate with Susie but would be representing Region 7, not just CVIG. If interested, Susie or Catherine can provide additional information. The qualifications: "Delegates shall have at least one year of current abstinence and at least two years of service beyond the group level; shall have attended at least two Region Assemblies; are practicing the 12 Steps and 12 Traditions to the best of their ability; are striving for or maintaining physical, emotional, and spiritual recovery; and must be available to attend the World Service Business Conference, which will take place from April 21 to April 24, 2021, in Albuquerque, New Mexico, USA."

Vice Chair—Julie: no report- **not present**

Treasurer—Sarah:

Here is the treasurer's report through Sept. 21

- Started with \$4059.05
- Collected \$406.40 in 7th traditions
- No expenses
- Ended with \$4465.45
- Less \$1000 prudent reserve
- Leaves us with \$3465.45 available funds

Sarah added a draft 2021 budget

- See attachment for the preliminary budget for 2021
- See a separate attachment for an accounting of historical spending from the last 2.5 years
- We have to decide if we want to hold enough in reserve to front the money for a possible 2021 in-person retreat- **Refer to New Business item a.**

Secretary—Hope:

See the attached draft September minutes. Motion to accept the minutes as written. **Motion was presented and accepted.**

Region Rep/WSO Delegate—Susie: **-nothing else to report**

Catherine will substitute for me as a representative at the Region 7 Assembly.

Internal Communications—Becky: no report- **not present**

Telephone—Dianna: no report- **nothing else to report**

Newsletter—Bob: see New Business

Website—Mark: There is nothing new with the Web committee. We are just maintaining the site as best we can to keep meetings and events up to date. Special announcement: **Mark will be participating in the Region 7 Assembly as a 2nd Representative on Oct. 16-18**

12th Step Within--vacant:

Retreat—Kathryn: see Budget

Public Information—vacant:

Fun and Fellowship—April: no report- **not present**

4. Old Business:

a. New Face to Face OA meeting to begin on Tues. Oct. 6 from 5:30-6:30 pm at Christ Episcopal Church. See attachment. **Mark stated that the flyer announcing this new meeting was posted on the CVIG website.**

5. New Business:

a. Adoption of budget- **IG members reviewed and discussed the proposed budget for 2021. There was concern expressed about projected meeting contributions. Many CVIG meetings have decided to encourage members to send in donations to their treasurer on a quarterly basis, when the meeting Treasurer will make a contribution to IG. As of the IG meeting date (Oct. 3) Sarah had not gone to the P.O box to retrieve contributions. Contributions received will be reflected on the next report. Kathryn shared an estimate of what will be needed as seed money for a possible 2021 Fall Retreat. A motion was made that we amend the proposed 2021 budget to reflect this amount. The motion was passed. Sarah will revise the 2021 budget and include with the October Minutes.**

b. Contribution by IG members to newsletter – **There was much discussion as to the importance of having a newsletter and supporting it by submitting contributions either in the form of articles or artwork. All IG members were encouraged to commit to a month to submit an article. Susie committed for December 2020. Bob has shortened the length of the newsletter by linking**

certain information to the local and national OA websites. It was suggested that when the newsletter is distributed by email, the subject line needs to be clear. There was also discussion about how to use software such as Mail Chimp to determine readership. Mark will look into this and discuss with Bob. Bob stated that the deadline for submitting contributions is the last week of the month for the following month newsletter.

c. Note on website about newcomer meetings elsewhere? – **Since we don't have any Newcomer meetings in our area, Catherine suggested that we post a list of three Newcomer Meetings from other areas on our local website. Sarah volunteered to compile this list and submit to Mark to post. There was a question about if we could determine how many individuals would visit this site. Mark will look into this and advise.**

d. As of October 1, the Thursday 11:30 meeting will again take place at Tomahawk Baptist Church, 12920 Hull St. Rd., Midlothian. Masks, social distancing and disinfecting will be practiced by members who attend the meeting. The meeting will be available on Zoom as well. You can use the usual meeting ID and password to log in to the meeting. **Bob reported that he was not sure if any member participated in person on Oct. 1.**

6. Closing: **The meeting was closed with thanks to all who attended at 7:37 PM with the "We" version of the Serenity Prayer.**

The next Intergroup meeting will be Sunday November 1 at 7:00 PM via Zoom.