

Central Virginia Intergroup
August 21, 2022 Meeting Minutes
Results in **bold**

1. Welcome: **Susie opened the meeting at 7:00 pm with all reciting the Serenity Prayer. Tiffany read the 12 Steps, Debbie read the 12 Traditions and Susie read Concept 8: The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.**

2. Introductions: **Susie, Dianna, Becky, Tiffany, Jan, Wendy, Anne C., Debbie, Catherine, April, Alicia, Hope and Mark**

3. Questions on these reports:

Chair—Susie: update on nominees for offices—Becky I. will be vice-chair. Melissa G. will take Telephone. Catherine is asking Marita and Anne. Wendy S. is interested in helping with Retreat.

Susie also brought to our attention a recent issue with Zoom, so that meetings may be aware that this could occur. A Host's computer crashed and as a result Zoom was not able to release the Host position.

Vice Chair—Alicia: **Alicia wanted to share that if elected into the Chair position for 2022-2023, she will be traveling quite a bit. Becky, who if elected for Vice Chair will perform the duties of Chair in Alicia's absence.**

Treasurer—Jan: **Distributed the treasurer's report. No questions were asked. Jan shared that she had not checked the P. O. Box for about 2-3 months, so any donations that had been mailed will be reflected in the September Treasurer's report.**

Secretary—Hope: July minutes have been circulated
The motion to approve as written was passed.

Region Rep/WSO Delegate—Tiffany:

1. Results from outreach on 8/12. Another member suggested we do this again on Dec. 12th. **There were 47 outreach calls made by 11 OA members.**
2. Registration for upcoming Region 7 **Fall Assembly to be held on September 16-18. Tiffany received a check from the CVIG treasurer to register.**
3. Promotion of Region 7 Convention **“Swimming the Seas of Recovery” to be held in Ocean City, MD, November 4-6. Go to the www.oaregion7.org website to find out more information and register.**
4. Would our Intergroup like to donate a basket or gift card to be raffles at the Regional Convention? **Yes. A motion to donate a \$100 Visa gift card was approved.**
5. How can we help people who want to coordinate rides/rooms or just know who else is going to the retreat from our region? **Announce at meetings and by the email loop that if anyone who needs this assistance may contact Tiffany and she will help to facilitate connecting members.**

Internal Communications--Suzanne: **Not present- no report**

Telephone—Dianna: no report

Newsletter—Bob: **Not present. Susie reported that he is working on the Fall Quarter Newsletter to be published in October.**

Website—Mark: no report

12th Step Within—vacant- Tiffany spearheaded our 12th Step Within calling day this month. She heard from 11 people who contacted 47 others. A great success! **The question was asked, “What does ‘12 Step Within’ mean?” The response was “To reach out to suffering members with the fellowship- those in relapse or struggling and to promote retention.” There is a committee on both the WSO and Region levels.**

Retreat—Kathryn: Not present, yet requested IG’s thoughts on future retreats—an in-person weekend retreat in late spring/early summer 2023?

Another one-day retreat in the outdoor pavilion at Community West Church? **Wendy has volunteered to serve on this committee and asked members to contact her with suggestions/preferences.**

Public Information--Debbie: If we decide to sponsor a free book fund, I suggest we purchase books in bulk to distribute. Bulk price for 25 copies of both Brown Book and 12 & 12 book is \$337.50, or \$13.50 each. Single copies are \$15 each. **This was discussed and it was determined that we don't need to purchase in bulk at this time.**

Fun and Fellowship—April: no report

4. Old Business:

- A. Intergroup-sponsored free book fund- **A motion was passed that CVIG sponsor a free book fund for any member who is in need of a Brown Brook or an OA 12&12. (Big Books can be downloaded free on AA's website) An announcement will be made during meetings via the chat box to contact Dianna. Debbie volunteered to prepare a written announcement, based on the information Dianna provided, that can be used.**

6. New Business:

- A. Thursday in-person meeting- **A new 7:30 pm meeting will be starting on September 8 in the Serenity Lodge at Holy Comforter Church, Monument Ave. and Staples Mill Rd. It will be a Big Book study format. Eight people are needed to give service by opening the lodge, one Thursday a month.**
- B. **New literature available: The 2nd Edition of *Voices of Recovery* is available for purchase.**
- C. **The Sunday, 10:30 am Zoom meeting needs support. An announcement will be distributed by email. Please announce at meetings.**
- D. **Elections for Chair, Vice Chair and Recording Secretary will be held during our September IG meeting.**

6. Closing: The meeting closed at 7:32 pm with all reciting the Serenity Prayer. Our next meeting will be on Sunday, September 18 via Zoom.