

Central Virginia Intergroup
January 16, 2022 Meeting Minutes
Results in **bold**

1. Welcome: **Susie began the meeting at 7:00 pm with all reciting the Serenity Prayer, Mark read the 12 Steps; Celeste read the 12 Traditions and Wendy read Concept 1** (“The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.”)
2. Introductions: **Susie, Alicia, Hope, Tiffany, Mark, Debbie, Wendy, Bob, Celeste, Dianna, Kathryn and Suzanne**
3. Questions on reports

Chair—Susie: Zoom hosts have been offered training by the San Diego intergroup, and several people have taken the training.

Vice Chair—Alicia- No Report

Treasurer—Jan- **Although the treasurer was absent, the report was distributed via email. It was shared that the outstanding check issue that was discovered in the audit has been resolved. A new check has been submitted and deposited.**

Secretary—Hope

The previous month’s minutes were approved with the following amendment in the Vice Chair’s report, “starting a new in-person meeting.”

Region Rep—Tiffany- **The 2022 World Service Business Conference held on April 25-30, will be virtual. Tiffany will attend as a delegate.**

Internal Communications—Suzanne- **Requested that flyers be sent to her as a png or jpg document, if possible.**

Telephone—Dianna: No report

Newsletter—Bob- **Requests submissions for the Spring quarter newsletter by March 1. He suggested that CVIG members could submit other IG newsletter articles that they found were inspiring.**

Website—Mark: Working on improvements to the website; this would be a good time to submit suggestions for changes. Mark will have less availability in the next six months.

12th Step Within—Wendy: No report

Retreat—Kathryn: Since we are not doing a fall retreat at Massanetta Springs, we could consider a full-day or half-day retreat at the location on

Pump Rd. in April or May. Planning could start later, but this would be a good time to make the decision to do it. **After discussion, the CVIG group conscious was to plan either a full or half day retreat to be held at the Community West Church Pavilion, if it can be reserved. A Retreat committee, led by Kathryn, will be formed and begin the planning process.**

Public Information—Debbie - **Reported an update on the Library Project. She has discovered that it is not easy to donate books to libraries as they are particular about what will be accepted. One library has agreed to accept the OA Brown Book to be put on the shelf for circulation. Debbie wants to avoid having the donated OA books put on the Booksale table.**

Fun and Fellowship—April- **Not present**
WSO Delegate—vacant

4. Old Business:

a. Zoom security handout Wendy presented last month **has been reviewed by Susie and will be converted to a document that can be distributed to the members.**

b. Unity Day reminder— **Sat. Feb. 26 from 10-11:30 am a Unity Day workshop will be held via our IG's Zoom account. A flyer has been posted on our website and distributed via email.**

5. New Business:

a. WSBC proposals—please have groups review before the next CVIG meeting on Feb. 20. **It was decided that the Intergroup will conduct business from 7-7:30 pm. At 7:30 pm any CVIG OA member who chooses to participate, will have the opportunity to discuss and vote on what proposals they would like to have placed on the WSBC agenda. All local groups are encouraged to have at least one person representing their group present during this session. The deadline to submit our CVIG vote is Feb. 24.**

b. Zoom security—please ensure every meeting is hosted with waiting room enabled; strong suggestion that host opens the meeting 10-15 min. before start time; Zoom host training available to all who are interested; hosts can rename folks who come in by phone if they recognize the phone number. **The following question was presented, “Is there any etiquette**

in regards to making someone a Co-Host?” In response, it was suggested that the Host use the chat feature to ask a trained person if they would be willing. The best practice is to have a Co-Host assigned in advance. Also, it is best to not have the leader of the meeting be a Host/Co-Host at the same time. If a Host needs to leave the meeting prior to closing they can transfer the Hosting ability before they leave. Instructions can be provided as to how to do this.

c. Susan B.’s suggestions for making newcomers welcome at Zoom meetings—ask meetings to consider adding to their formats the following:

- i. Is anyone available to stay on after the meeting to answer questions from newcomers?
- ii. If any newcomers would like to receive a paper copy of OA’s pamphlet “Where Do I Start?” please email [insert the email address of a volunteer from the meeting]. An online version of the pamphlet is available for download for \$1 at <https://bookstore.oa.org/pamphlets/where-do-i-start-everything-a-newcomer-needs-to-know-705.asp>

[It’s also suggested that any pamphlets mailed out be in an envelope with no indication on the envelope that has to do with OA, for the sake of anonymity.]

6. Closing: **The meeting adjourned at 7:35 pm will the reciting of the Serenity Prayer. The next CVIG meeting will be held on Feb. 20 at 7:00 pm via Zoom.**