

Central Virginia Intergroup
September 18, 2022
Meeting Minutes

1. Susie opened the meeting at 7:30 with all reciting the Serenity Prayer. In attendance were Susie, Alicia, Anne-C'ville, Mark, Bob, Kathryn, Tiffany, April, Catherine W, Dianna W, Kathryn N, Becky I and Jan.
2. Alicia read the Twelve Steps; Susie read the Twelve Traditions and Concept 9.
3. Everyone in attendance introduced him/herself.
4. Chair--Susie: *Susie requested that someone act as secretary and takes minutes for this meeting, which Jan offered to do. *Susie noted that we will elect 2022-2023 CVIG Officers at this meeting. The term begins on October 1, 2022. *Concerning meeting Hosts, it was noted that Alicia has sent an email that we need more trained Hosts and requesting all who are willing to contact San Diego about their training. Susie said she is also available to train locally.
5. Newsletter--Bob: Bob reported that the next issue will be out in October; he also commented on interesting information he's seen in other Intergroups' newsletters that may be of interest to us at some point.
6. Telephone--Dianna: Dianna requested, and Bob accepted, to help transfer the OA telephone to Melissa, who has offered to be the new Chair of that committee. Dianna was thanked for her past years' service in that position.
7. Treasurer—Jan: The only question concerning the Treasurer's Report for this month was clarification of a \$25 return check debit. The \$25 was deducted from the deposit of meeting contributions because a \$25 check from a meeting was denied due to it being deposited more than 3 months after the issue date. The meeting was notified and said a new check would be issued.
8. Region 7 Representative--Tiffany: Tiffany gave a verbal report from her attendance at the Reg. 7 Fall Assembly this weekend. Her written report is attached as part of these Minutes.
9. Secretary--Hope: The August Minutes were approved as presented.
10. Internal Communications--Suzanne: not present; no report
11. Website--Mark: no report
12. 12th Step Within--vacant: Anne-C'ville inquired about this Committee and offered to Chair it for the upcoming 2022-2023 term, which was unanimously accepted. Those who have any information about our handbook for this committee agreed to search for it for Anne's use.
13. Retreat--Kathryn N: Kathryn has scheduled a day-long Retreat for October

29th. She welcomed those who have offered to assist. A flyer will follow as soon as possible.

14. Fun & Fellowship--April: April made an amend for inadvertently forgetting to stay for the monthly F&F meeting on September 16 after the group-conscious meeting ended; otherwise, no report.

15. Public Information--Debbie: no report

16. Old Business:

* Intergroup-sponsored free book initiative--Dianna W: *Meetings were notified about this program. *Meetings which consider participating were urged to have group-conscious meetings to approve adding it to their formats. *Dianna will be the contact person for members requesting a book. *Also, the Sunday 10:30 meeting approved giving any of their books to Dianna that can be used for this program.

17. New Business:

* Election of 2022-2023 Officers: The following new Officers were unanimously elected: Chair--Alicia; Vice-Chair--Becky; Secretary--Susie. All other Officers and Chairs will continue for the next year.

* Surviving the Holidays Workshop--Catherine W: By Zoom on 12/12/2022 from 7-9:00 p.m. Flyer to follow.

18. Closing--Susie: *Susie announced that the next Intergroup meeting will be at 7:00 p.m. on October 16, 2022. * She then requested a motion to adjourn, which was offered and seconded, and the meeting closed at 7:40 p.m., with all reciting the Serenity Prayer.